

PSHE End Point Progression Map 1

Me and My Relationships

EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
	Articulate how I or others may be feeling and how different situations may affect these feelings	Show behaviours of a good friend, including being considerate of others	Identify between a positive, appropriate relationship and an inappropriate one	Show an understanding of how our feelings can affect our behaviour and appropriate measures to help ourselves and others	Work collaboratively and communicate effectively with others, making compromises when necessary	Begin to show some emotional intelligence by collaborating, negotiating or being assertive when necessary

Valuing Difference

EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
	Explain some ways that people can be different	Show a respect and understanding of different beliefs and opinions	Understand that people can be prejudiced and that it is not ok to judge someone based on their differences	Show an awareness of conflict resolution to stop differences coming between people	Be able to actively listen and respond appropriately to others who may have a different opinion	Show how our similarities can bring us together rather than our differences dividing us

Keeping Myself Safe

EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
	Recognise situations that are safe or unsafe and briefly explaining why	Show an understanding of actions we can take to stay safe and what we might do if we feel unsafe	Discuss potential risks of a situation and the actions they could take to make something safer.	Show an understanding of peer pressure and some necessary strategies to deal with it	Discuss strategies to deal with risky situations and know who they can share problems with	Demonstrate some integrity and ability to decisively make the best decision

PSHE End Point Progression Map 2

Rights and Responsibilities

EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
	Demonstrate some skills that are essential for looking after themselves or something	Identify what responsibilities people have around the school (including themselves)	Discuss the basic rights that people should have in and out of school	Discuss why rules are made and what is done to make sure they are fair	Identify responsibilities people have in our communities and why their role is important	Suggest ways they can take responsibility themselves for ensuring people's rights are protected

Being My Best

EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
	Show healthy and hygienic behaviours at school	Show an understanding of the right choices we can make with our behaviour and health	Demonstrate some strategies that look after their own wellbeing	Demonstrate some strategies that can help others' wellbeing	Identify their own and others' strengths and talents and explain how they could help a certain situation	Show an understanding of constructive criticism of themselves and others

Growing and Changing

EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
	Explain the characteristics and behaviours of a baby	Explain the different stages of growth and the characteristics of these stages	Explain some changes a person makes as they grow older	Explain how male and female bodies physically change during puberty	Explain how our emotions and feeling may change as we grow, especially through puberty	Explain sexual reproduction and how changes through puberty have allowed for this